

OUR STAFF

Christopher J. Hudock, OTR/L
Occupational Therapy Manager
Indiana Total Therapy West
Indiana Total Therapy at Homer City



Christopher J. Hudock, OTR/L has been practicing Occupational Therapy in the Commonwealth of Pennsylvania for over 16 years.

Chris has extensive training in Orthopaedics and Hand Therapy.

Mr. Hudock graduated from the University of Pittsburgh in 1993. He is a guest lecturer for Saint Francis University and has given numerous lectures for his peers in the field of Occupational Therapy.

Mr. Hudock is licensed by the Pennsylvania State Board of Occupational Therapy and the National Board for Certification in Occupational Therapy (NBCOT).



Lynn M. Ferguson, COTA/L

Lynn M. Ferguson, COTA/L has been practicing Occupational Therapy in the Commonwealth of Pennsylvania for over 27 years. She is a graduate of Mount Aloysius Junior College with an Occupational Therapist Assistant Degree. Ms. Ferguson is licensed by the Pennsylvania State Board of Occupational Therapy and the National Board for Certification in Occupational Therapy (NBCOT).

**NEW PATIENT REFERRALS
ACCEPTED DIRECTLY
FROM ALL AREA PHYSICIANS**

For an appointment, please call

724.349.2276

INDIANA TOTAL THERAPY WEST
2010 Shelly Drive
Indiana, PA 15701

HOURS

Monday / Wednesday / Thursday
7 a.m. - 6:30 p.m.

Tuesday
7 a.m. - 3 p.m.

Friday
7 a.m. - noon



INDIANA TOTAL THERAPY WEST



OCCUPATIONAL THERAPY

2010 Shelly Drive
Indiana, PA 15701
724.349.2276
Fax: 724.349.2297

www.IndianaTotalTherapy.com

WELCOME TO INDIANA TOTAL THERAPY WEST OCCUPATIONAL THERAPY

We look forward to your visits!

Indiana Total Therapy, the region's newest rehabilitation provider, is proud to offer high-quality occupational therapy, here, locally. We pride ourselves on keeping knowledgeable on the latest OT trends and equipment.

Occupational Therapy Services:

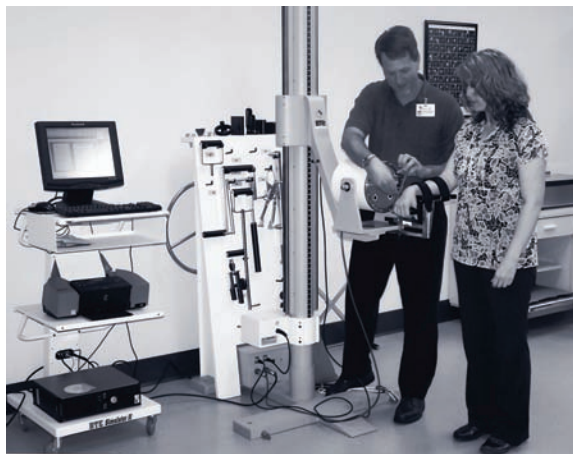
- Hand Therapy
- Work Hardening
- Splint Fabrication
- Cognitive Training
- ADL Training
- Functional Capacity Evaluations



What is Occupational Therapy and Hand Therapy?

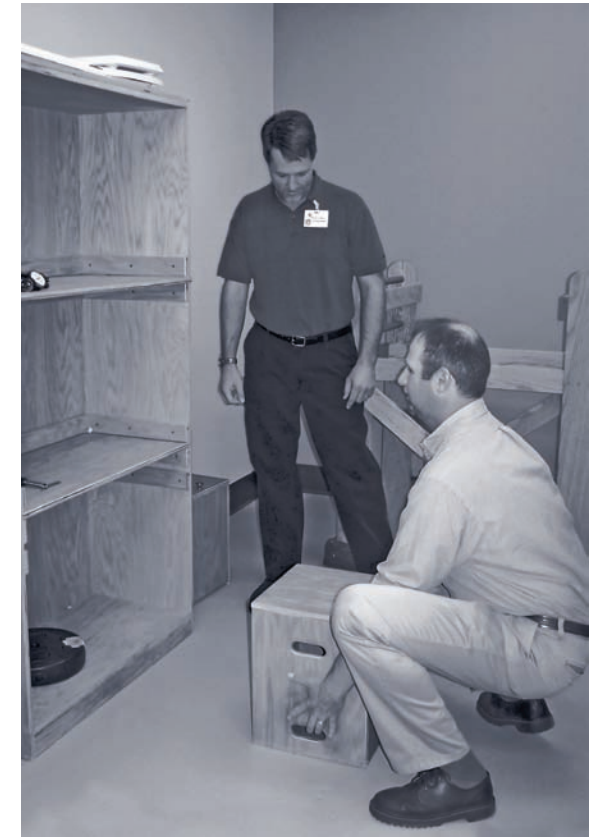
Occupational Therapy is a healthcare profession that provides service to individuals whose lives have been disrupted by physical injury, illness or developmental problems. Occupational Therapists evaluate a person's ability to perform activities of daily living (ADL's) involving work, self-care and play/leisure skills. Occupational Therapists can modify or simplify daily tasks to promote maximum functional independence i.e., build up a handle on feeding utensils, long handle sponge/reacher, energy conservation/joint protection.

Hand Therapy is a branch of occupational therapy theory and practice that combines comprehensive knowledge of upper extremity function and activity. Using specialized skills in assessment and treatment, hand therapists promote restoration of function and/or reversal of injury to maximize performance of daily activities. Hand therapists teach exercise, apply modalities and create custom splints to protect from additional injury or impairment.



What is Work Hardening?

Work Hardening is a structured and goal oriented treatment program designed to maximize a person's ability to return to work. Work hardening uses real or simulated work conditions within a work environment to enhance return to work ability. Work hardening activities emphasize biomechanical, neuromuscular and cardiovascular abilities required to return to work.



World Class Rehabilitation Care